



*Jenn Brown*

MOTIVATIONAL SPEAKER &  
LIFE COACH TO PARENTS,  
TEENS, AND EDUCATORS

**MEDIA KIT**

[www.jennbrowncoaching.com](http://www.jennbrowncoaching.com)

# Hi. I'm Jenn!

## MOTIVATIONAL SPEAKER & COACH

Jenn Brown is a certified life coach, speaker, and educator who empowers teens, parents, and educators to communicate with purpose, build confidence, and grow stronger together. As the founder and CEO of Jenn Brown Coaching, she leads programs that help families, schools, and communities unlock potential from the inside out.

Through 1:1 and group coaching, Jenn helps teens and young adults strengthen confidence, sharpen executive functioning skills, and discover their natural gifts through CliftonStrengths coaching. She is certified to administer the CliftonStrengths assessment and guide participants through their results to help them identify what they do best and use those strengths with purpose in daily life. Jenn's Parent Membership Club provides ongoing coaching, community, and practical tools for parents ready to create more calm, connection, and clarity at home.

As a speaker and workshop facilitator, Jenn brings energy and insight to schools, districts, and organizations across Texas and beyond. Her workshops for teachers and students help uncover the power of strengths-based development and equip educators and juniors and seniors with tools to thrive in classrooms, careers, and relationships.

With more than seventeen years in education, including twelve in Mesquite ISD, Jenn bridges her classroom experience with neuroscience-backed coaching strategies. She is recognized statewide as a trusted partner for families, schools, and nonprofits who share her mission to help the next generation rise with confidence and clarity.



Parents

As Seen In



YOUNG MEN'S  
SERVICE LEAGUE

BUSINESS  
INSIDER

Newsweek



MacaroniKID<sup>®</sup>  
BY CertifiKID

ROYSE CITY  
INDEPENDENT SCHOOL DISTRICT

National Charity League, Inc.<sup>®</sup>



## Fast Facts

- Certified Professional Coach (CPC) by Institute for Professional Excellence in Coaching (IPEC)
- Associate Certified Coach (ACC) by the International Coaching Federation (ICF)
- Practitioner of the Teen Coaching Academy
- Holds a Master of Education in Curriculum and Instruction
- Gallup Certified as a Clifton Strengths Coach



## Unlock Your Strengths: A Workshop for Teens or Educators

This engaging workshop helps teens and educators discover what makes them naturally talented and unique. Each participant completes the CliftonStrengths assessment and receives personalized results that reveal their top strengths and how to use them with confidence in everyday life.

Jenn guides participants through understanding their results, exploring how strengths shape learning, leadership, and relationships. Educators gain insight into how their strengths influence classroom culture and teamwork, while teens learn how to build confidence, motivation, and direction for the future.

Research from Gallup shows that people who know and use their strengths are more engaged, more confident, and experience a higher quality of life. This workshop helps both teachers and students turn awareness into action and lead from their strengths every day.

### Key Audience Takeaways:

- Personal Insight: Understand your unique CliftonStrengths results and how they shape the way you think, learn, and lead.

- Practical Application: Learn how to use your strengths intentionally in the classroom, at home, and in relationships to increase confidence and engagement.

- Empowered Growth: Walk away with a clear plan to build on what's already strong—creating more purpose, connection, and success in everyday life.



## Parent University

This enlightening PTA presentation is designed for parents who seek to understand themselves better as a person, so they can better connect with their kids. Parenting is a full time, complicated, and rewarding job. The audience will walk away with an understanding of where they are in terms of satisfaction in the area of family, future planning, health and wellness, friends, fun, and work life. Jenn's talk will inspire deep reflection and round table discussions and inspire the audience to grow in their everyday interactions with their spouse, co- parent, or co-workers. Parents will walk away with a detailed understanding of how to grow, not only as a person but as the parent they want to be!

### Key Audience Takeaways:

- Build a personalized list that will reflect upon their world and the things that bring you joy, and the areas that are a challenge.
- Understand where they thrive as a person, as well as a parent. They will also break down the areas that they want to grow in and the hands on strategies that will help them create and set up achievable goals!
- Develop a roadmap that takes every day life and creates a place to shift in parent support with good conversation normalizing the day to day hustling of this very important job of raising your children to thrive and succeed.







You don't have to wait for the perfect moment or for confidence to magically appear. You already have what you need inside you. The key is to start using the strengths you have right now, in small, intentional ways. When you lead with what's already strong, you begin to see new possibilities, build momentum, and create real change. Confidence isn't something you chase, it's something you grow by showing up and using the gifts you were born with.

# Testimonials



"Before this workshop, I didn't really think much about what I was good at. I always focused on what I needed to fix. Taking the CliftonStrengths assessment helped me see myself in a totally new way. I realized I already have strengths that make me unique, and I just need to use them more. Now I feel more confident about who I am and how I can show up in school and in life." **Teen Client**



"Jenn's workshop was such an eye opener. I've taken plenty of PD sessions over the years, but this one helped me understand myself and my coworkers on a much deeper level. Seeing my CliftonStrengths results explained so much about how I teach, how I handle stress, and how I connect with my students. It reminded me that when we use our strengths intentionally, we create more connection, calm, and purpose in our classrooms." **Teacher Workshop Attendee**



BOOK ME FOR YOUR NEXT EVENT

I'm here to support your team as you lead, teach, and grow together. You already have the strengths and skills to create lasting impact in your school and community.

Together, we can build a culture of confidence, connection, and purpose that helps everyone thrive.



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